



• • • Now offering • • •

COMPETITIVE
**Double Dutch
Jump Rope**

• • • **LEARNING!** • • •
• • • **TRAINING!** • • •
• • • **COMPETING!** • • •



JADHA FOUNDATION CT
JUVENILE & ADULT DIABETES HEALTH AWARENESS & FAMILY MINISTRY

Founder and Coach

Lady Carrie McCrorey

will be at Glenbrooke to introduce and coach

Girls & Boys ages 5 - 18

in the sport of Double Dutch Jump Rope for eight weeks

Lady Carrie was a champion jumper in her youth and LOVES sharing her enjoyment of the sport with youngsters of all ages!



Monday, Wednesday and Fridays
June 21 - August 20 • 1:00-3:00 PM

This activity is included at no additional charge with a Family or Junior Sport Membership. It is also included with our afternoon rec session. Register with Carrie at the pool at the start of any class.

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A Jump Rope-only Rec Membership for ages 6-18 for the entire summer is available for \$50 +tax plus a \$100 activity fee for the Jump Rope program.

Includes open swim from 3:00-3:45 following each class (swimming is optional)

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To register for the Jump Rope Program go to www.glenbrookesports.com

Secure payment in full by credit card is required to register.

TOTAL COST OF J.R.-Only REC MEMBERSHIP AND PROGRAM is \$155.00 for 24 sessions.

(There is no credit for rain dates)

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Gear needed: light weight sneakers, shorts, T-shirts, water bottle, bathing suit and towel