



and JADHA FOUNDATION CT present

# Double Dutch Jump Rope

**LEARNING! TRAINING! COMPETING!**

**Tuesdays & Thursdays**

**June 21<sup>st</sup> - August 11<sup>th</sup> • 9:30-10:30AM**

Founder & Coach Lady Carrie McCrorey will be at Glenbrooke to introduce and coach **GIRLS & BOYS AGES 5-18** in the sport of Double Dutch Jump Rope for **EIGHT WEEKS**.

*Lady Carrie was a champion jumper in her youth and **LOVES** sharing her enjoyment of the sport with youngsters of all ages!*

This activity is included at no additional charge with a Family or Junior Sport Membership. It is also included with our Morning Rec Program. Register with Carrie at the pool at the start of any class.

**GEAR TO BRING:** light weight sneakers, shorts, t-shirts, water bottle, bathing suit & towel

**JADHA FOUNDATION CT**

Juvenile & Adult Diabetes Health  
Awareness & Family Ministry

429 Oak Street, East Hartford, CT 06118 • [www.glenbrookesports.com](http://www.glenbrookesports.com)